

FLA Health Curriculum Map								
6th-8th Grade								
2020-2021								
		6th Grade			7th & 8th Grade			
	Week	Unit	Big Idea	Standard	Unit	Big Idea	Standard	
Q1	1	Nutrition & Physical Activity	Healthy Eating, Physical Activity, & Illness	1.1, 1.2	Nutrition & Physical Activity	Core Concepts	1.1, 1.2	
	2			1.3, 1.4		Food & Eating	1.3, 1.4, 1.5	
	3			1.5, 1.6		Exercise & Food Labels	1.6, 1.7, 1.8	
	4			1.7, 1.8		Media Influences	1.9	
	5	Body Image	1.9, 1.10	Goal Setting		1.10, 1.11		
	6	Alcohol, Tobacco, & Other Drugs	Core Concepts	2.1, 2.2		Body Image	1.12, 1.13	
	7			2.3, 2.4		Nutrition Information	1.14, 1.15	
	8			Access Information		2.5, 2.6	Peer pressure	1.16, 1.17, 1.18
	9			Health Behavior		2.7, 2.8	Negative Impacts	2.1, 2.2
10	Influences			2.9, 2.10	Resources & Protection	2.3, 2.4		
Q2	11	Alcohol, Tobacco, & Other Drugs	Social Skills	2.11, 2.12	Alcohol, Tobacco, & Other Drugs	Influences & Decision Making	2.5, 2.6, 2.7	
	12			Negative Effects		2.13, 2.14	Medication & Recovery	2.8, 2.9, 2.10, 2.11
	13			Advocacy		2.15, 2.16	Relationships & Dating	3.1, 3.2, 3.3
	14			Core Concepts		3.1, 3.2	Sexual Harassment & Violence	3.4, 3.5
	15	Safety	Core Concepts	3.3, 3.4	Safety	Danger & Safety	3.6, 3.7, 3.8	
	16			Access Information		3.5, 3.6	Respect	3.9, 3.10
	17			Health Behaviors		3.7, 3.8	Assault & Intimidation	3.11, 3.12, 3.13
	18					3.9, 3.10	Health Behaviors	3.14, 3.15, 3.16
	19					3.11, 3.12	Advocacy	3.17, 3.18, 3.19
20	Social & Emotional Health	Core Concepts	3.13, 3.14	Social & Emotional Health	Communication, Depression, Suicide	4.1, 4.2		
21			Influences & Advocacy		3.15, 3.16, 3.17	Emotional & Mental Health	4.3, 4.4, 4.5	
22			Core Concepts		4.1, 4.2	Stress Management	4.6, 4.7	
23			Health Behaviors		4.3, 4.4	Problem Solving	4.8, 4.9	
24			Goal Setting		4.5, 4.6	Respect & Communication	4.10, 4.11, 4.12	
25			Decision Making		4.7, 4.8	Feelings; Decision Making	4.13, 4.14, 4.15	
26			Social Skills		4.9, 4.10	Self Evaluation & Respect	4.16, 4.17	
Q3	27	Social & Emotional Health	Friendships	4.11, 4.12	Personal Health & Wellness	Rest, Sleep, Disease, and Resources	5.1, 5.2, 5.3	
	28			Feelings		4.13, 4.14	First Aid & Injury	5.4, 5.5, 5.6
	29	Personal Health & Wellness	Germes	5.1	Personal Health & Wellness	Sun Safety & Rest	5.7, 5.8, 5.9	
	30	HIV & STIs Prevention	HIV & STI Prevention	6		Hygiene & Personal Care	5.10, 5.11, 5.12, 5.13	
	31	Sexuality Education	Core Concepts	7.1, 7.2		HIV & STIs Prevention	HIV & AIDS	6.1, 6.2, 6.3
	32			7.3, 7.4	STIs & Getting Help		6.4, 6.5, 6.6	
	33			Access Information	7.5, 7.6	Sexuality Education	Abstinence & Relationships	7.1, 7.2, 7.3
	34			Health Behaviors	7.7, 7.8		Risky Sexual Decisions	7.4, 7.5, 7.6
	35			Influences & Goals	7.9, 7.10		Creating Plans, Setting Limits, & Refusal	7.7, 7.8
	36	Social Skills	7.11, 7.12, 7.13		Positive Role Models	7.9, 7.10		